



THE
HAND SURGERY
CENTER

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Hand Surgery Center
321 East 34th Street
New York, NY 10016
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PRE-OPERATIVE INSTRUCTIONS

PHILLIPS AMBULATORY CARE CENTER
10 UNION SQUARE EAST @ 14TH STREET, 4TH Floor
NEW YORK CITY

GO TO ADMITTING OFFICE WAITING ROOM IN LINSKY LOBBY

SURGERY DATE: _____

UNLESS GIVEN PERMISSION BY YOUR SURGEON, DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE EVENING PRIOR TO YOUR SURGERY.

PLEASE AVOID ASPIRIN, IBUPROFEN, ADVIL, MOTRIN, ALEVE, OR VITAMIN E IN A GEL CAP TWO WEEKS BEFORE SURGERY.
TYLENOL IS O.K.

ON THE DAY BEFORE YOUR SURGERY, THE HOSPITAL WILL TELEPHONE YOU TO CONFIRM THE TIME OF YOUR ARRIVAL FOR SURGERY. IF YOUR PROCEDURE IS SCHEDULED FOR A MONDAY, THE HOSPITAL WILL CONTACT YOU ON FRIDAY. IF YOU DO NOT HEAR FROM THE HOSPITAL PLEASE CALL (212) 844-8242 AFTER 3:00 PM TO REQUEST THE TIME OF YOUR SURGERY.

YOU MUST HAVE A RESPONSIBLE ESCORT TO TAKE YOU HOME IF YOU ARE HAVING AMBULATORY SURGERY.

WEAR LOOSE, CASUAL CLOTHING ON THE DAY OF YOUR SURGERY SO THAT A SPLINT OR CAST CAN FIT THROUGH SLEEVE.

LEAVE ALL JEWELRY AND VALUABLES AT HOME.

NOTES: