



THE  
HAND SURGERY  
CENTER

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Hand Surgery Center  
321 East 34<sup>th</sup> Street  
New York, NY 10016  
212.340.0000

## PRE-OPERATIVE INSTRUCTIONS

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BETH ISRAEL MEDICAL CENTER  
FIRST AVENUE @ 16<sup>TH</sup> STREET  
(212) 420-4749 - ADMITTING OFFICE

**SURGERY DATE:** \_\_\_\_\_

UNLESS GIVEN PERMISSION BY YOUR SURGEON, DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE EVENING PRIOR TO YOUR SURGERY.

PLEASE AVOID ASPIRIN, IBUPROFEN, ADVIL, MOTRIN, ALEVE, OR VITAMIN E IN A GEL CAP TWO WEEKS BEFORE SURGERY.  
**TYLENOL IS O.K.**

ON THE DAY BEFORE YOUR SURGERY, THE HOSPITAL WILL TELEPHONE YOU TO CONFIRM THE TIME OF YOUR ARRIVAL FOR SURGERY. IF YOUR PROCEDURE IS SCHEDULED FOR A MONDAY, THE HOSPITAL WILL CONTACT YOU ON FRIDAY. IF YOU DO NOT HEAR FROM THE HOSPITAL PLEASE CALL (212) 844-8242 AFTER 3:00 PM TO REQUEST THE TIME OF YOUR SURGERY.

***YOU MUST HAVE A RESPONSIBLE ESCORT TO TAKE YOU HOME IF YOU ARE HAVING AMBULATORY SURGERY.***

WEAR LOOSE, CASUAL CLOTHING ON THE DAY OF YOUR SURGERY SO THAT A SPLINT OR CAST CAN FIT THROUGH SLEEVE.

LEAVE ALL JEWELRY AND VALUABLES AT HOME.

NOTES: